

### **Supervisory team**

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**Research Group:** [Interpersonal Relationships and Wellbeing Research Group](#)

### **The PhD Opportunity**

As a core focus for organisational Equality Diversity & Inclusion policies, the current drive to train emotional skills in the workplace shows no signs of abating. For instance, emotional intelligence has experienced a recent resurgence in popularity, being advocated as a way for organisations to achieve the [United Nations Sustainable Development Goals](#) through employee training (see e.g., United Nations, n.d.).

In addition, various social and emotional interventions that require emotional competencies (and elicit emotional responses), such as 'perspective taking' or sensitivity training, are encouraged as good organisational practice (Gifford et al., 2019). So far, research has focussed on evaluating the efficacy of such training at a

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the study of interpersonal relationships, walking and their inter-connection from an evolutionary perspective to generate applied evolutionary research. Our research explores how individual, social and environmental factors influence relationships and walking within different contexts such as:

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